













FINANCIAL WELLNESS!

Office of Human Resources is excited to offer the following events for 2020 to help all UAMS employees, staff, and students prepare for financial wellness!

Registration: click link, scan QR code, or call 501-686-5650.

Off Campus Sites: For IVN set up or web link for face to face sessions email video@uams.edu

September 2020 Events

<p>Improving your Credit Score Presenter: Dr. Jason Mizell, UAMS Associate Professor Topic: Improving your credit score and paying down your credit card bills.</p>	09/3/2020	12:00 -1:00 p.m.	ZOOM	 Register here
<p>Retiree Brown Bag Presenter: Office of Human Resources Topic: Discuss eligibility and enrollment options, timelines and retirement process</p>	9/10/2020	12:00 – 1:00 p.m.	ED II G104 A/B	 Register here
<p>Asset Location: Practical Guide for Income and Estate Planning Presenter: TIAA Learn how the location of your assets may impact your retirement income and your beneficiaries.</p>	9/15/2020	11:00 a.m. CST	Webinar	 Register here
<p>The 411 on 529 College Savings Plans Presenter: TIAA Learn how 529 college savings plans work and how to invest in one for a child, grandchild, yourself or other loved one.</p>	9/15/2020	2:00 p.m. CST	Webinar	 Register here
<p>Make the Most of your Retirement Savings Plan Presenter: Fidelity Representative Topics: •The importance of saving • How much to save for retirement •Different account types • Ways to preserve and grow your savings</p>	9/15/2020	11:00 a.m. CST	Webinar	 Register here
<p>2020 Presidential Election and the Economy Presenter: TIAA This Nov., Americans will choose a President to lead the country for the next 4 years. That choice can have major economic implications.</p>	9/16/2020	11:00 a.m. CST	Webinar	 Register here
<p>Tomorrow in Focus: Saving for your Ideal Retirement Presenter: TIAA Find out how retirement savings, planning and the real benefit of time are essential features of retirement investments.</p>	9/16/2020	2:00 p.m. CST	Webinar	 Register here
<p>Medicare Advantage Presenter: Renukha Newaldass, Client Services Manager UnitedHealthcare Retiree Solutions Topic: UAMS Employee Retiree Insurance Toll-Free 1-844-721-7241 Access Code: 36 27 164</p>	9/16/2020	10:00–11:30 a.m.	Virtual Meeting	 Register here
<p>Looking to turn your retirement savings into a 'paycheck' for life? Presenter: TIAA You diversify your investment portfolio before retirement to help offset risk. Create a strategy that can help you reduce risk.</p>	9/17/2020	11:00 a.m. CST	Webinar	 Register here
<p>She's Got It: A Woman's Guide to Saving and Investing Presenter: TIAA You can discover saving and investing strategies developed especially for women and how you can put them into action.</p>	9/17/2020	2:00 p.m. CST	Webinar	 Register here
<p>Navigating Student Loan Repayment and Public Service Loan Forgiveness Presenter: Janice E Nottenkamper, UAMS Student Financial Services Topic: Assistance with Student Loan Forgiveness and early pay off</p>	9/22/2020	12:00–1:00 p.m.	ZOOM	 Register here

